

STUDENT CREED

I intend to develop myself in a positive manner and avoid anything that would reduce my mental growth or physical health.

I intend to develop self-discipline, in order to bring out the best in myself and others.

I intend to use what I learn in class constructively and defensively, to help myself and others and never be abusive or offensive.

(The student creed is stated at the beginning of every class. Students are expected to have the student creed memorized within the first month of classes.)

PRINCIPLES OF BLACK BELT

As a dedicated student of the Martial Arts I will live by the principles of Black Belt:

Modesty

Courtesy

Integrity

Perseverance

Courage

Indomitable Spirit

INSTRUCTOR:

What's our goal?

STUDENT:

Black Belt excellence

Sir/Ma'am.

INSTRUCTOR:

How do we lead?

STUDENT:

By example Sir/Ma'am.

INSTRUCTOR:

Thank you class.

STUDENT:

Thank you Sir/Ma'am.

(The Principles of Black Belt are stated at the end of every class. Students are expected to have the Principles memorized within the first month of classes.)