

# SCHEDULE OF EVENTS

- **Thursday, Aug 1** - Belt Promotion @ Pocket, Laguna & Cameron Park. No Classes
- **Friday, Aug 2** - Belt Promotion @ Granite Bay, Madison, Natomas & Waterman No Classes
- **Saturday, Aug 3** - Belt Promotion @ Carmichael & Lead Hill. No Classes
- **Thursday, Aug 15** - Tailor Drop-off Pocket, Laguna & Natomas
- **Saturday, Aug 17** - Black Belt Prep's Red Tip Test
- **Tuesday, Aug 20** - Tailor Drop-off Waterman & Cameron Park
- **Thursday, Aug 22** - Tailor Drop Off - Carmichael
- **Saturday, Aug 24** - Black Belt Testing @ Carmichael
- **Wednesday, Aug 28** - Red Tip Testing Begins

# AUGUST 2019



**KOVAR'S**  
**SATORI ACADEMY**  
 FAMILY MARTIAL ARTS

## BELT PROMOTION TIMES

### Carmichael – On Saturday (Adults/Teens on Friday)

Lil' Samurai 11:15 am Jr. Beg 12:00 pm  
 Jr. Inter. & Adv 10:30 am  
 All Adults/Teens on Friday 6:00 pm

### Granite Bay – On Friday (Adults/Teens on Thursday)

Lil' Samurai 5:00 pm Jr. White-Green 5:30 pm  
 Jr. Purple & up 6:15 pm  
 All Adults on Thursday 5:15 pm

### Madison – On Friday (Adults/Teens on Thursday)

Lil' Samurai 5:30 pm Jr. Beg 6:00 pm  
 Jr. Inter. & Adv 7:00 pm  
 All Adults/Teens on Thursday 7:45 pm

### Pocket – On Thursday (Adults/Teens on Wed)

Lil' Samurai 5:30 pm Juniors Beg 6:15 pm  
 Junior Int & Adv 7:00 pm  
 All Teens & Adults on Wednesday 7:30 pm

### Roseville (Lead Hill) – On Saturday

Lil' Samurai White through Gold & Jr Beg 10:00 am  
 Lil' Samurai Orange and Above & Jr Int & Adv 10:45 am  
 All Adults & Teens 9:00 am

### Laguna – On Thursday (Adults/Teens on Wed)

Lil' Samurai 4:30 pm Jr. Beg 5:15 pm  
 Jr. Inter. 6:00 pm Jr. Adv 6:45 pm  
 All Teens & Adults on Wednesday 7:15 pm

### Cameron Park – On Thursday

Lil' Samurai 5:45pm All Juniors 5:45pm  
 All Adults 6:45pm

### Waterman – On Friday (Adults/Teens on Thursday)

Lil' Samurai 5:00 pm Jr. White-Green 5:45 pm  
 Jr. Purple & up 6:30 pm  
 All Adults/Teens on Thursday 6:30 pm

### Natomas – On Friday (Adults/Teens on Thursday)

Lil' Samurai 5:30 pm Jr Beg 6:10 pm  
 Junior Int/Adv 6:50 pm  
 All Adults/Teens on Thursday 7:30 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week #5 Theme - Basics & Application Weekly Message – Be Loyal to Those Not Present / ABC's of Conflict Avoidance Review				1 <b>Belt Promotions</b> POCKET, LAGUNA & CAMERON PARK No Classes	2 <b>Belt Promotions</b> MADISON, GRAN-ITE BAY, LEAD HILL, NATOMAS & WATERMAN No classes	3 <b>Belt Promotions</b> CARMICHAEL & LEAD HILL No classes
Week #1 Theme - Health & Fitness Weekly Message – GOOD HABITS - Good habits are hard to make, but easy to live with / Stranger Alert - NO/GO/YELL/TELL - What Is A Stranger? There Is A Difference Between Niceness And Goodness.	5	6	7	8	9 <i>Buddy Day</i>	10
Week #2 Theme - Knowledge of Curriculum Weekly Message – Self-Discipline - You don't have to want to do it, you just have to do it. / What Is A Lure? (a) Bribery Lure (b) Job Lure	12	13	14	15 Tailor Drop Off Pocket, Laguna & Natomas	16	17 Red Tip Testing for Black Belt Prep Candidates - No regular classes @ the Carmichael Academy
Week #3 Theme - Attendance, Attitude & Protocol Weekly Message – Dinner before Dessert/Instant gratification vs. long-term benefits. / What Is A Lure? a. Assistance Lure b. Directions Lure	19	20 Tailor Drop Off Waterman & Cameron Park	21	22 Tailor Drop Off Carmichael	23	24 Black Belt Test @ the Carmichael Academy - No regular classes @ the Carmichael Academy
Week #4 Theme - Spirit & Energy Weekly Message – Always take responsibility for your actions. / What Is A Lure? a. Internet Lure - b. Kids Are Strangers Too	26	27	28 Red Tip Testing Begins	29	30	31

Carmichael/Fair Oaks (916) 481-4830  
 Granite Bay (916) 791-7650  
 Fair Oaks/Citrus Heights (916) 965-1561  
 Roseville (North) (916) 789-1133  
 Truxel/ Natomas (916) 419-9878

Pocket/Land Park (916) 391-0500  
 Elk Grove/Laguna (916) 684-3283  
 Cameron Park/Shingle Springs (530) 672-1958  
 Waterman/ Elk Grove (916) 714-3390  
**Corporate Office (800) 645-3676** [www.Kovars.com](http://www.Kovars.com)