



KOVAR'S

SATORI ACADEMY
MARTIAL ARTS & FITNESS

MAY 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
WEEK #2 Character Development - Having a "Whatever it takes" attitude School Safe/Street Safe - Be calm/breathe					1	2
WEEK #3 Character Development - Having an "Attitude of Gratitude" School Safe/Street Safe - Communicate with confidence	4	5	6	7	8	9
WEEK #4 Character Development - Be a Good Finder School Safe/Street Safe - Don't make it worse by arguing or fighting	11	12	13	14	15	16
WEEK #5 Character Development - Be loyal to those not present School Safe/Street Safe - ABCs of Conflict Avoidance Review	18	19	20	21	22	23 <div style="border: 1px solid black; padding: 5px; text-align: center;"> Holiday Closure ACADEMIES CLOSED </div>
WEEK #1 Character Development - Good Habits are hard to make, but easy to live with School Safe/Street Safe - There is a difference between Niceness and Goodness	25 <div style="border: 1px solid black; padding: 5px; text-align: center;"> Holiday Closure ACADEMIES CLOSED </div>	26	27	28	29	30

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