



Junior -Intermediate, Advanced & Black Belt
Message of the Week
APPRECIATION

Consider the following story. The other day Jerry and Bob rode their bikes home from school as fast as they could, they and some other friends were going to ride their bikes over to the park that afternoon and catch frogs. On the way home they ran over some glass and just as they got home each of them got a flat tire. Now Bob thought to himself "Wow am I lucky! I could have gotten this flat a long way from home" and he started to fix his tire. Jerry, on the other hand, thought to himself "Why did this have to happen... bad things always happen to me." He then kicked his bike and went into the house mad. After he cooled off he came out to fix his tire.

As Bob was fixing his tire the wrench slipped and flew out of his hand. It just missed his mom's car and slid under it. Bob thought to himself, as he was getting the wrench from under the car, "Wow am I lucky that didn't scratch mom's car". The same thing happened to Jerry. Only Jerry got mad and yelled – he then threw the other wrench in anger. It bounced off the wall and broke a window. Now Jerry was sad because he was in trouble for breaking a window.

- Which child had the attitude of appreciation?
- Did Jerry really have bad luck... or was his feeling of bad luck based upon something else?
- How did having an attitude of appreciation affect Bob's "luck"?
- Which one would you want as a friend?
- Which child do you think grew up to be a good role model

KOVAR'S